

In our latest meeting we have been completing some training modules on our Digital Leaders platform.

There are eight modules to complete and we have already done the first two!

Our first Module was all about what it takes to be the best Digital Leader that we can be. We watched an introduction video about the training platform and what we will need to do to earn our official badges.

One of the activities asked us to think about the ingredients we might need to be a great Digital Leader.

We decided that all of these ingredients are important. We then had to pick three that we were good at and then two we would like to improve.

We also had to complete a knowledge audit and sorted statements to go on a Digital Leaders charter.

For the second module we looked at “getting inspired” to use the internet in a positive way.

We listened to how people use the internet for good. For example,

- People like to find recipes to cook delicious food.
- Others like to stay in contact with their friends and family in different parts of the world.

- Some just want to watch funny videos to make themselves laugh.

The main lesson we learnt from this module was that when adults in our lives talk about the internet and being online, they often focus on the negatives because they want us to stay safe.

They don't always speak about the positives.

Just a quick reminder.....

What is digital technology?

Digital technologies are electronic systems and resources that help us learn, communicate, play and more.

Examples of digital technologies include:

- **computers**
- smartphones
- smart TVs
- online games
- video on demand websites
- traffic lights and pedestrian crossings
- automatic doors



Our digital devices help us every day and can be found in many areas of our life.

Household appliances such as washing machines help us to have clean clothes.

Automatic doors on building have sensors to open and close them.

Traffic lights help to control vehicles in busy areas.

We use technology all the time in Education and our teachers would find it difficult to plan without it.

We use digital technology to save lives and to forecast the weather.

Keeping in contact with people is a huge part of our way of life. This is made easier by a digital device.

What are digital footprints?

Did you know you can leave another type of **footprint** when you are using a computer or **digital device**?

These are called **digital footprints**.

Digital footprints are a trail of **places** that you have visited on the **internet** and the **activities** and **games** you have taken part in.

You leave a tiny **digital marker** or **footprint** behind each time you:

- visit a **website**
- **click on a link**
- **tap on a video**
- play an **online game**

These are different from ordinary footprints because **they don't automatically disappear**.

Even though you can't always see the trail, it could be there for good.



Can I get rid of my digital footprints?

Unlike those muddy footprints in the kitchen, not all **digital footprints** are as easy to get rid of.

You can **delete** your **history** and **bookmarks** from your **device**. You can also get rid of any **cookies** that have been stored.

It is much **harder to remove** the **digital footprints** you make with **user accounts** and **profiles**.

This trail could follow you around for years and still be there when you are an adult.

It's important to think about the **digital footprints** you might be making when you are **online** and the **trail** you might be leaving behind you.

Remember to **be kind online**, keep your **personal information** private and talk to a **trusted adult** about your **online** activities.

