

# Lilleshall Curriculum Goals

- **To understand, use and implement the Lilleshall Language of Learning.**

This is a meta-cognitive approach which will create the building blocks for children to understand how they learn best. To equip children with the knowledge of attitudes and approaches that support their ability to learn:

**Challenge** – to understand that a challenge is to attempt something that is perceived as difficult and has not already been mastered. To learn how to set challenges for themselves also implementing a plan, do, review cycle when appropriate.

**Independence** – to have confidence to try and complete a task on their own before seeking support from a peer or adult. To understand the process of modelling and verbal prompts as precursors to independence.

**Determination** – to understand that to be determined is to persevere with a self-chosen or given task even when it is difficult. To understand when to ask for support from a peer or adult and to develop an attitude that ensures tasks are completed.

**Effort** – to understand that learning involves trying hard even when the task is difficult. To understand the feeling of accomplishment when a task, skill or concept has involved sustained thinking and is achieved.

**Being Positive** – to understand that we can choose to be positive and have a 'can do' attitude or choose to have the opposite. To understand that learning is more effective when approached positively.

**Taking Risks** – to understand that fear of failure inhibits learning and that to try even when we might not get everything right helps us to develop and grow.

- **To promote and encourage daily physical activity**

- To complete a 'Lilleshall explorers' walk regularly.
- To have exercise challenges as part of continuous provision.
- To develop understanding of the importance of exercise as part of a healthy way of life.

- **To sustain relationships which enable a positive learning environment**

- To be able to say, 'stop, I don't like that' and to stop when someone says this to them.
- To develop the language of feelings and compromise in order to negotiate with a friend.
- To learn to identify their own feelings and develop strategies to deal with them eg pause / breathe to calm down / think – what next?